



Edition 252

CATFIELD NEWS

Your village magazine

November 2024

Remembrance



Pet Service held at the Old Rectory
on Sunday 24th September

CATFIELD NEWS *Contacts*

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Heather Hollister - secretarycatnews1@btinternet.com

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YOU CAN drop your competitions entries and /or ANY correspondence into the CATFIELD NEWS BOX inside the Post Office, Special thanks to Vish & Karthi.

All submissions to be posted no later than the 10th of the month.

Please address your envelope to Catfield News

If you would like to view the Catfield News online

it can be found on the

Parish Council website

<https://catfieldparishcouncil.norfolkparishes.gov.uk>

and the Waterside Group website

www.watersidegroup.org.uk

Useful Local Contacts

Village Hall Booking Clerk - Elaine Smith 01692 580056
elainesmith364@btinternet.com

Catfield United Charities - Trustees 01692 660250
enquiries@catfieldunitedcharities.uk

Catfield Primary Academy - Lucy Amis, Senior Teacher
01692 580568
office@catfield.norfolk.sch.uk

Priest in Charge of The Waterside Benefice - Rev'd. Gary Noyes
01692 678842 granoyes@gmail.com

The Catfield News is an independent magazine with no affiliation to the Parish Council, Church or any other body. We are a self funded magazine, produced by a group of volunteers with the income from advertisers paying for the production costs.

Helpful Information

Staithe Surgery Stalham

www.staithesurgery.co.uk 01692 582000

Surgery Hours

Monday to Friday 8.30am - 5.30pm

Dispensary Hours

Monday to Friday 8.45am - 5.30pm

Closed for lunch each day 12.30pm - 1.30pm

Ludham Surgery

www.ludhamsurgery.nhs.uk 01692 678611

Surgery Hours

Monday, Tuesday, Thursday and Friday 8.30am - 6.00pm

Wednesday 8.30am - 1.00pm

Dispensary Hours

Monday, Tuesday and Friday 9.00am - 6.00pm

Wednesday 9.00am - 1.00pm

Thursday 8.30am - 6.00pm

Stalham Green Surgery

www.ludhamsurgery.nhs.uk 01692 580880

Surgery Hours

Monday, Tuesday, Wednesday and Friday 8.30am - 6.00pm

Thursday 8.30am - 1.00pm

Dispensary Hours

Monday 8.30am - 6.00pm

Tuesday, Wednesday and Friday 9.00am - 6.00pm

Thursday 9.00am - 1.00pm

Local MP

Steffan Aquarone

Steff.aquarone.mp@parliament.uk

02072197585

Local County Councillor

Richard Carey Price

07880791258 (work hours)

Richard.price.cllr@norfolk.gov.uk

Local District Councillors

Kevin Terrance Bayes

kevin.bayes@north-norfolk.gov.uk

Matthew Taylor 07557097597

matthew.taylor@north-norfolk.gov.uk

Local Police

PC Matthew Pritty

Beat Manager

Hoveton Police Stn

Matthew.Pritty@Norfolk.Police.uk

What's on in Catfield

Indoor Cycling

Join us for an invigorating workout in Catfield village hall,
Monday and Thursday evenings 6.45pm to 7.30pm.
Bring a bottle of water and a small towel. You remain in control of your bike so you can set the resistance to the level that's right for you. Then just cycle along to the music as the instructor guides you through the session.

Class costs £6 and pre booking is required.

Contact Jane Turner to book a bike.

M: 079 078 44433 Email: mailjaneturner@yahoo.com

Norfolk County Council Mobile Library

Route Number **CEN 210**

Next Visit to Catfield is

Tuesday 26th November

Thorn Road 14:45 - 15:05

Village Hall 15:10 - 15:30

Catfield Village Hall

Friday 1st November 10.30 onwards

Come and join us for coffee and cake, a chat in a warm space and perhaps play a game of scrabble, dominoes or rummikub before finishing with a tasty bowl of soup.

This is a free event and all are welcome.

For more information contact Judith on 01692 615807

Catfield Stitching Group
Tuesday 12th November & Tuesday 26th November
2pm to 4pm in Catfield Village Hall

We are a friendly group of like-minded people, all at different levels of experience. If you, like us, enjoy stitching and sharing creative ideas, we would love you to join us. Please bring your own project (embroidery, knitting, crochet, patchwork or creative sewing). We have occasional, optional group projects and workshops.

Please contact Pat Reid 07906 097007
for more information. £2.00 per session.

Tea, Coffee & Biscuits included.
Free first/taster session.

Catfield Crafters
Wednesday 27th November
1pm to 3pm in Catfield Village Hall

At each meeting members share new ideas and techniques as well as making two card projects. All tools and materials are supplied. The subs for each session are £3.00 which includes refreshments. New members are always welcome.

Contact Jennifer Banham on 01493 740560
for more information

Parish Council Meeting
Catfield Village Hall

Wednesday 27th November, 7.00pm.

Christmas Wreath Making Workshop

Thursday 28th November
10.00 - 12.30

The Old Rectory, Catfield
See page 18 for more info

BINGO
Catfield Village Hall
7pm
Friday 29th November

Lost In Thought - For World Philosophy Day (21st November)
By Cíera Cree

As each day begins in a cycle
And every breath you breathe begs the question
“Is there something more to waking up and going about the same old life?”

You remind yourself it's the breathing,
The living, the laughing, the loving
The savouring of your morning brew
The television reruns, hearing music, watching clouds drift by

That punctuate what it means to be human

That these moments in themselves are, in fact,
What appear to build the fabric of our everything

CAT's been busy!

Catfield Action Team have been busy autumn planting ready for spring 2025. So far we have planted mixed bulbs and seeded a wildflower area at the New Rd junction, completed a 200 metre stretch of daffodil planting along Sutton Road, a 50 metre stretch of daffodils along New Road and the roadside bank at the Back Lane/ School Road junction. Our final session this year will be at the Primary School. This year we have planted 6000 daffodil bulbs and in total over the past 3 years we have planted in excess of 15,000 daffodil bulbs.

These planting sessions and other projects we undertake are only possible because of your support at our fundraising events and the donations we receive from you - Thank You!



You can keep up to date with all we do by following us on Facebook or in the Catfield News. If you'd like to join us don't hesitate to get in touch at catfieldactionteam@gmail.com

CATFIELD PARISH COUNCIL MEETING HIGHLIGHTS

WEDNESDAY 25th SEPTEMBER 2024

Public Update

- A parishioner reported that the hedge surrounding the children's playing field had not been cut for 2 years. The clerk to obtain quotes to have this done.

Councillors Bayes and Taylor Update

- Councillors Bayes and Taylor did not attend the meeting.

Councillor Price Update

- Councillor Price advised that he would attend the bus stop meeting on 30th September. He also confirmed that work on Wayford Bridge will begin on 7th October and should be finished by 8th November. The work will mainly be carried out under a single lane working with traffic lights. Full closure was expected to be required from 28th – 30th October, being night time closures from 8.00pm – 6.00am. Councillor Edwards raised highway safety issues at Wood St/Plumsgate Road /Lodge Road. Councillor Price will visit the site after the bus stop meeting

Planning

• Update of meeting held with Russell Williams

Councillors Briscoe, Edwards and Harris had attended a meeting with Russell Williams from North Norfolk District Council ("NNDC") Planning Department. The section 106 monies payable as part of the Milestones planning permission and enforcement were raised as particular concerns. The PC needed to clarify its position as to whether it is entitled to see pre-planning advice given to developers by NNDC. It was agreed that the Questionnaire to other Parish Councils regarding the standard of service received by NNDC should be pursued. Councillor Briscoe to investigate the issue of pre-planning advice and Councillor Edwards to draft a letter regarding the section 106 monies. The clerk to circulate the draft Questionnaire for approval and comments. The clerk would also contact the District Councillors to ask if any pre-application advice they had sight of could be forwarded to the PC.

• Update on Milestones

Councillor Taylor had contacted the parishioner regarding the problem with the rats.

• Siting of mobile home on land off School Lane/Ludham Road

A letter had been submitted to NNDC from several of the neighbours. A parishioner advised that the caravan had been moved but it was not clear whether it was now in the correct position as nothing had been heard from NNDC. No action required by PC at this time.

• Store Galore – Application for retrospective planning permission

A parishioner advised that nothing had changed. Councillor Jeffreys to write a letter to NNDC to establish whether planning permission had been granted subject to conditions or whether the conditions were still being negotiated.

• Malthouse Corner, Malthouse Lane, Catfield – Change of Use of the land to a caravan site for single caravan for Gypsy and Traveller Residential Use; hard standing, portacabin and installation of cess pit (part retrospective)

No response had been received to the last letter sent to NNDC. The clerk to chase.

• CL/24/1249 – Fenview, 3 Fenside Cottages – Further discussion re the Certificate of Lawful Use and Development

NNDC had responded to the letter from the PC stating that they were aware of the building on the site. The enforcement team had been informed and would be considering the next steps.

(cont'd)

- **Lea Road – Pre-Planning Advice and previous Land Clearance**

The PC had written to ask for an update on the previous land clearance but no response had been received. Clerk to chase.

- **Incorrect Parishes on Planning Applications**

The PC had received a response to Councillor Bacon's letter. NNDC Planning use Royal Mail's National Address Gazetteer on receiving planning applications. Dr Bacon commented that planning officers should still check that the correct parish has been allocated. No further action.

Highways & Road Safety

- **Village Hall Bus Shelter**

Meeting to take place with Highways, Councillor Price and several councillors on 30th September 2024.

- **Events Traffic**

Concern was raised about the volume of traffic in the village during the recent Garage Sale and the problems caused by random parking. Councillor Jeffreys to write a letter to the event organisers asking that they consider traffic management for future events.

- **Wood Street/Plumsgate Road/Lodge Road**

Councillor Edwards had drafted a letter to Highways for a review of road safety improvements at this junction. Site meeting to be held after the bus stop meeting.

- **Parking on Long Lane**

Concern had been raised by residents about the amount of parking on the green space. Councillor Jeffreys to write a letter to Victory Housing Association requesting its assistance in this matter.

Environmental

- **Catfield Environmental Group**

The first autumn planting had taken place. District Councillors Bayes and Taylor were thanked for their help. There will be further planting sessions on 29th September and 1st October. There will be a quiz on 27th September and Bingo on 18th October and 29th November. There will be a talk by the Friends of Horsey Seals on 23rd October at 7.00 pm in the Village Hall. There is a Christmas Wreath making workshop on 28th November and Catfield Does Christmas returns on 14th December.

- **Potential Community Orchard (CAT project)**

CAT will not be proceeding with the Community Orchard at this time but the project will be kept on hold and it is hoped that there may be further ways of pursuing it.

- **Access to/along the Rond**

The Butterfly Conservation has someone willing to cut the Rond along the first two sections, to the sharp bend and onto the mill, at their cost. CAT had organised a working party to clear a narrow pathway to the first bend but it was very muddy and the surface had disintegrated. The PC consented to the Butterfly Conservation's offer to cut along the Rond.

- **Allotments**

Councillor Jordan was thanked by the PC as he is in the process of clearing the debris from the site into a skip. Councillor Johnson is in communication with the parishioner who had raised this.

- **Hedge Cutting on Ludham Road**

It was agreed that this could now proceed as it was hedge cutting season. The clerk to obtain quotes.

(cont'd)

- **Broken Bird Spikes (on top of swings) and Inspection Report**

Appointment of CUC Trustees

Correspondence

- **Potential Neighbourhood Watch Scheme**

- **New Bus Stop Request**

- **Complaint re footpath southwards from the stables on Wood Street**

- **Overgrown hedge – New Road/Potter Heigham Road Junction**

Removal of Salvation Army Recycling Bin

PLEASE REFER TO THE WEBSITE FOR FULL DETAILS OF MEETING MINUTES. NEXT PARISH COUNCIL MEETING 30th OCTOBER 2024



Keith Bacon	01692 581314	keithbacon@broadland.net
Janet Briscoe	07747 033056	janet.catfieldpc@gmail.com
Graham Edwards	07885 297213	premtelnet@aol.com
Jennifer Harris	07842 553478	jenben.harris@gmail.com
Tim Harris (Chairman)	01692 580220	tim.catfieldpc@gmail.com
Nicky Jeffreys (Vice Chairman)	07966 362762	nixsjeffreys@gmail.com
Angie Johnson	07770 581706	angiejohnson4@hotmail.com
Neil Jordan	07818 451907	neil.j.jordan@btinternet.com
Polly Plowman		pollyplowman80@gmail.com
Ian Roberson	07876 193547	robey6815@gmail.com
Scott Snelling	07522 238858	scott.catfieldpc@gmail.com

Clerk of Parish Council 07555197530 catfieldparishcouncil@gmail.com

Parish Council website <https://catfieldparishcouncil.norfolkparishes.gov.uk>

All current Catfield Parish Councillors reside in Catfield and have been democratically elected. All Cllrs are happy for you to contact them at the above details.

Catfield Ceilidh

Many thanks to all who helped, donated or attended the Ceilidh held on 12th October. We made a grand sum of £355 for Catfield Church funds.

Monica Mobbs

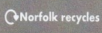


**BOOK
YOUR SLOT**

From 18 November 2024 you will need to book to visit a Norfolk recycling centre.



You can do this online or by telephone.
Visit www.norfolk.gov.uk/recyclingbooking
or call 0344 800 8020 for more information.

 **Norfolk** County Council  **netzero**  **Norfolk recycles**



Broadland Model Railway Club is pleased to announce that we are starting a joint project with Stalham High School to introduce a group of students to the hobby of Model Railways. The project is designed to build, from scratch, a working layout with the students doing most of the actual work under the close supervision of School staff and volunteer members of the BMRC.

Various subjects will be introduced from simple carpentry for the baseboards, layout design, track laying, low voltage electrical wiring, operating the layout and simple scenery additions. The students will be asked to document their work and when complete they will be invited to exhibit it at the BMRC Model Railway Show in Stalham next August.

The club meet twice weekly, on Tuesday and Friday, in their club house in Catfield. Check out the website for more info
<https://broadlandmodelrailwayclub.co.uk/>



CATFIELD UNITED CHARITIES
(Poors Trust)

Applications are invited from parishioners who qualify for inclusion in the annual distribution of money from Catfield United Charities.

To qualify you need to:

- Be in financial need.
- Have been a resident in Catfield for 3 years or more.
- Adults of any age can apply to be included in the annual distribution list

If you think you, or another parishioner, are eligible to be included on the list, please contact the Trustees by 9th December 2024.

Tel: 01692 660250

Email: enquiries@catfieldunitedcharities.uk

Articles for the Catfield News

If you have an article for the magazine we would love to receive it, but please remember to include your name as we do not print articles if we do not know who the author is. We don't have to print your name, but we need to know who you are.

Do you have a picture that you think would look good on the cover, or maybe an old picture of an area that has been redeveloped. Articles and pictures can either be e-mailed to one of the team or dropped into the Catfield News box in the Catfield Stores.

Deadline for receipt of articles for December magazine is 10th November



All Saints Church, Catfield and the other churches in the Benefice November Services

3rd November	10am	Benefice Holy Communion PATRONAL FESTIVAL/Baptism Evensong	Catfield	Judith Gardiner LLM Rev'd Gary Noyes
	5pm		Ludham	John Savage and Christine Wall AWA
10th November Remembrance Sunday	10.45 am	Act of Remembrance	Ludham(St Catherine's-joint with Methodists)	Rev'd Cedric Poole
	10.45 am	Act of Remembrance	Catfield	Rev'd Gary Noyes
	10.45 am	Act of Remembrance	Potter Heigham	Rev'd Margaret Whitaker
17th November	10am	Joint Holy Communion Morning Prayer	Catfield	Rev'd Gary Noyes Linda Savage. AWA
	10am		Ludham	
24th November	10am	Joint Holy Communion. Morning Prayer Evening Prayer with short Bible study	Potter Heigham	Rev'd Gary Noyes John Savage AWA Rev'd Linda Shuker
	10am		Ludham	
	6pm		Catfield	

If you are a stitcher and enjoy making things, we would love some help in making some tree banners for the church like the one in the picture.
See article on opposite page.



Angels – What Are They?

Do you believe in Angels? Some say they are God's messengers and a surprising number of people, (I, for one), believe in guardian Angels, who are with them constantly, keeping them from serious harm. Whatever you believe, not too many people are ready to dismiss them out of hand.

I know a family, a perfectly normal family, who definitely believe in angels, one being their deceased father/grandfather who, according to them, continues to be a presence in their house, protecting them and sometimes 'making his presence felt' as he used to when alive and kicking. I was slightly surprised when they told me they didn't attend church or worship in any way – after all, they have definite proof, in their minds, of the afterlife! But should I be surprised at all? Most of us have a belief in God, yet most do not regularly worship.

The 1st November is, officially, 'All Saint's Day' when many churches celebrate St Michael and All Angels and at Christmas time we hear even more about Angels. A surprising number of us attend religious services at these times, especially Christmas, be it school celebrations, carol services or Christmas communions. Is this because we believe the story, or is it because that is what is done at Christmas – it may be a bit of both.

As you attend Christmas services this year, take a moment to think on the story of the angels – the same angels that protect us, sometimes bringing us messages from God himself. Perhaps there may be a message for you too – Hark! The herald angels sing!

John Savage AWA

Are you a stitcher and need a Winter project?

How about helping with making some banners to hang in church? The first is completed showing an Autumnal tree and the Catfield Stitchers group have volunteered to have a go at one of the two Summer trees. How about you? You don't have to be a church member just someone who has a little imagination and time and could help us putting up eight banners depicting trees in different seasons. We hope this will complement the new quiet Tree of Life corner in the church which you are welcome to come and sit in.

The church belongs to you, the last image we want is for you to think we are stuffy! Here is your invite to our Nativity and Crib service on Christmas Eve and you'll see that church can be enjoyed by all ages, completely unpredictable as who knows what the real donkey will eat or where the pigs will go or might do!!

This year's Christmas story is not from the eyes of the donkey, cow or innkeeper but from the sheep in the stable and hopefully the children will come along and jump into the varying size costumes and take on the roles of Mary, Joseph, the Angels, Kings and Shepherds. Come and join the fun, watch the story unfold and quite honestly who knows what might happen? More details next month. Please contact Judith Gardiner for further details of the sewing project on 07826848585.

Farming News

Defra have just released their annual land use data on the Country's 21.5 million acres of farmland. Arable crops are down by 6.7% to 8.6 million acres of which 1.4 million acres was uncropped (682,000 acres in bare fallow and 718,000 acres in stewardship). 11% fall in wheat area due to wet Autumn last year- this might explain half empty stores, 26% fall in oil seed rape area, 3.2% fall in horticultural crops but potato area rose by 1.2% and solar panels now cover 18,000 acres and rapidly increasing. Nobody seems to care that SFI is taking more land out of production and the Country's ability to feed itself is getting worryingly low. All the new brooms in Defra have done is remove £384 million of potentially unspent subsidies. Now that they have taken away the spare money SFI is open for business on grassland.

We were getting on with the Autumn work in an organized fashion but then we had heavy rain in the first week of October and plans have altered. It could have been worse, in Cambridge they had 10 inches of rain and I can't see them doing much work till the Spring. One Cambridgeshire farmer rang me to say he now has a digger letting water off the potato fields but having started in the middle of the field, he got to the ditch only to find that the water in the ditch was higher than the field surface. The pumps had been switched off to allow the Environment Agency to complete some bank repairs elsewhere. One wonders why this work was not organized for the Summer months.

Is it me or are road works everywhere at the moment? They don't seem to last long but every red light seems to have at least one tractor and trailer carting potatoes or maize. This holds up a crop harvester somewhere, but nobody cares. At least the 3 way traffic system at Scottow this morning was planned to hold up traffic during wet weather and I was only 10 minutes late.

As the deer rut gathers pace, the poachers have returned. How can I tell? The deer are not shot cleanly and at best run off to die somewhere else, at worst they don't die. Farmland birds have almost disappeared from stubble fields but are in the various cover crops around the farm and I did spot a flock of about a thousand small birds recently in a Winter Small Bird Seed Food mix.

I'm not sure if that the description of the seed mix or the description of the restaurant where the Marsh Harriers will be dining this Winter. Finally, wasps have appeared, I don't know where they have been all Summer but some have survived, Hornets on the other hand seem to have liked the Summer and I like them as they leave me alone. Badgers are everywhere at night. I've mentioned the damage they do but at two cluster group meetings to protect and enhance the local environment all the farmers wanted to do was to shoot deer and cull badgers. That way protected plants would not be eaten and protected species' eggs would not be eaten. Has anyone seen a wild duck this Autumn? I've seen one teal. Something is not right in the Countryside, clearly Stewardship has not delivered as sites are now in the worst state for three decades and I wonder if SFI will deliver the Public Goods its promising. Proper traditional management is required, a move away from 100% combinable crops, the introduction of grass into heavy land rotations and better use of muck- pretty much what SFI promises.

A year ago, we met Highways to discuss Fenside road. Apart from TPO's nothing has happened. The gritter did turn up but it was too wide, so nothing happened. Some potholes have been fixed but I suspect we'll have another Winter of pothole dodging.

AWA 10.10.2024

Catfield Primary Academy

This month we have celebrated Harvest. It was wonderful to see so many of our families join us. Our eldest children shared some beautiful readings and a lovely harvest poem, whilst our youngest children shared one of their favourite harvest songs, big red combine harvester! Our families were very generous in their donations and we have delivered these to the local food bank in Stalham to support those in our community that need it.

Our lovely Lions went on a visit to Sheringham park with their key stage friends from Sutton and Hickling. They had a wonderful day exploring the park, learning lots about nature, pond dipping, making mushrooms from clay and lots more! See some photos below.

We have also held a café for our families to mark mental health day. There have been lots of conversations about how we can keep our minds happy and healthy and we shared lots of activities with our families that make us happy.

Our school council group is now up and running and they have shared how they feel the pupils at Catfield Primary Academy would like to become more involved in the wider community in Catfield. We would love to do this by attending village events, taking part in activities such as carol singing at Christmas, visiting community groups such as care homes and welcoming visitors into our school. We welcome ideas from the community on how we can best do this, if you feel you could support us with this please contact us by email on office@catfield.norfolk.sch.uk or call us on 01692 580568.



News and happenings – Catfield Action Team,

November 2024



Wreath-making workshop

Our Make Your Own Christmas Wreath workshop, on Thursday 28th November from 10 am to 12.30 pm could be the perfect gift to yourself or someone you'd like to treat! Participants will learn how to make their own festive decoration to take home with them, along with a step-to-step printed guide. Numbers are limited and advance bookings essential, so please contact us to reserve your own space; cost is £15 (note change of venue to The Old Rectory, Catfield).

Catfield Does Christmas

We are busy planning our Catfield Does Christmas event on Saturday 14th December, when we plan to bring the village hall alive with live music, a quiz and good food. Full details will be in the next edition of Catfield News.

Planting wildflower seeds and spring bulbs ...

At the end of September, we had a mammoth planting session at the corner of New Road/The Street. Camassia, crocus, allium, iris, bluebells and wood anemone have all gone into the ground in the grassed area, around the sycamore tree and around the planters, complementing the existing daffodils. We also planted wildflower plug plants and sowed wildflower seed on a specially-prepared patch on the site, and hope that the rain that followed will prompt them to grow and germinate.

Catfield Primary School

Our group had a lovely letter from pupils at the school offering to work with us on a village project, such as a litter pick or gardening, and we hope to organise something with them very soon. We will be back on site at the school on 22nd October to clear another flower bed and replace the wooden edging, and possibly plant some daffodil bulbs.

Sandholes

Work has begun on clearing the surplus sycamore trees and seedlings from the Sandholes site. We will be setting a date soon for clearing away rubbish and debris into a skip.

Fundraising

Bingo returns to the village hall on Friday 29th November (eyes down at the village hall at 7 pm), and we hope to run further sessions in the new year.

All are welcome to take part in our open activities, and new group members are also welcome at any time. See social media for details of events or contact us at catfieldactionteam@gmail.com or 07932 191558.

All Aboard!

Celebrate the 10th anniversary of
Waterside Scratch Band

Service of Praise and Thanksgiving
Followed by bring and share buffet tea

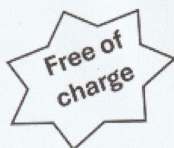
Led by Rev. Gary Noyes



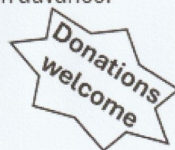
Onboard the
Southern Comfort
Mississippi Paddle Boat

Sunday 3rd November
Cruising from Horning 2pm-5pm

Boat capacity limited, so please book your places in advance:



Phone Diana: 07880943104 or
Email: dianarackham@hotmail.com



Make your own Christmas Wreath

Thursday 28th November

Old Rectory, Catfield

10am - 12.30pm

Just in time for Christmas, the CAT team will be running a wreath-making workshop at the Old Rectory from 10 am to 12.30 pm.

Make your own festive decoration to take home with you. All materials will be provided along with a step-to-step guide.

Numbers will be limited so please get in touch to book your space; cost £15.

Email catfieldactionteam@gmail.com or call 07932 191558



Catfield
BINGO
Come and join us for a night of Bingo fun on
Nites
29th NOV
7pm at Catfield Village Hall

FRIDAY

BINGO FRIDAY

Any enquiries call 07932 191558

£6
raffle and refreshments available during Interval

FUN
PRIZES
RAFFLE

Come and join us - it's sure to be a Fall House!

Money raised from this event will support Catfield Environmental Group and will help fund projects within Catfield Parish

Come and join the Catfield News Team

Would you like to be part of the team that produces the village magazine?

If you fancy a new challenge and have some spare time we would love to hear from you.

If you are interested please email secretarycatnews1@btinternet.com or drop a note in the Catfield News box in the village shop.

Gatfield Does Christmas



EAT
DRINK

SING
& BE
MERRY!

Sat
14th
DEC
from 6^{PM}
till 11pm

@ Catfield
Village Hall
NR29 5AA

An Evening of
Festive Feast
& Frolics...

Prize Quiz

Food ■ Bar

Raffle ■ Music

TICKETS £15 available from
Catfield Action Team
07932 191558



*Would you like some company this Christmas?
You are welcome to come to*

Catfield Community Christmas

Free Christmas Lunch
with afternoon entertainment and games

Catfield Village Hall
Wednesday 25th December
12:00pm – 4pm

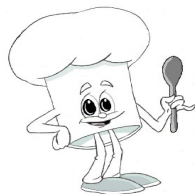
Please book in advance by December 15th

Email: dianarackham@hotmail.com
Phone: Monica and Barry 01692 581587

*If you would like to help or support this event in anyway,
please also use the contact details above*

stationerytree.com

Chef's Specials



Bonfire Bonanza! **Chilli con Carne**

Ingredients

1 tbsp olive oil
1 onion, thinly sliced
2 tbsp chilli sauce
1 tsp ground cumin
1 garlic clove, crushed
675g minced beef
400g can red kidney beans, drained and rinsed
400g chopped tomatoes
Salt and freshly ground black pepper
Soured cream, to serve
Rice and/or nachos, to serve

Method

1. Heat the oil in a large saucepan over a medium heat. Add the onions and fry for 5 minutes or until softened. Stir in the chilli sauce, garlic, cumin and beef and fry for 3 minutes or until the meat browns, stirring occasionally.
2. Stir in the kidney beans and tomatoes and bring to the boil. Reduce the heat, cover and leave to simmer for 40 minutes stirring occasionally. Season to taste with salt and pepper and serve with the soured cream, rice and/or nachos.

Sticky Toffee and Banana Pudding

Ingredients

115g butter
115g light muscovado sugar
200ml double cream
6 tbsp maple syrup
225g ginger cake, sliced
2 large bananas
60g pecan nuts, chopped

Method

1. Preheat the oven to 170C. Place the butter, sugar, cream and maple syrup in a small pan and heat gently, stirring constantly, until smooth.
2. Lightly grease a 20x30cm ovenproof dish. Arrange the cake and bananas in the dish, pour the sauce over and scatter the pecans over the top. Bake for 10 minutes, or until the toffee sauce is bubbling

D.S.

Sea Palling Independent Lifeboat



As we move into the autumn and winter months the crew will begin to carry out our annual maintenance checks around the station, including the boats, argocat, and launch vehicle. This also mean as the beach quietens down our earnings are significantly reduced, as the footfall decreases.

You can continue to support us by attending the last two events of 2024.

We are holding a tombola stall at the North Walsham Christmas Lights Switch On, Saturday 30 November from 2.30pm. This is a popular event with lots of fun for all the family.

We have also been contacted by the Elves who have confirmed that the big man himself, Santa, will be visiting Sea Palling on Sunday 15th December. The Elves are busy making the final arrangements so keep an eye on our social media pages for further details. Apparently, he is very excited to be visiting us again as he enjoys meeting you all and loves the feel of sand beneath his feet.

Please also remember that if you are a club/society and would like us to give a presentation about the history of the lifeboat then please get in touch. Email rita@seapallinglifeboat.co.uk

Rita Galbraith
Sea Palling Independent Lifeboat
Fundraising Team

Registered Charity No. 267211

One Liner; Tell a lie often enough and it becomes the truth.



Norfolk Wildlife Trust Hickling Broad and Marshes.

Late-autumn sees the local red-deer herd fully immersed in the rut. The bellowing stags can be heard on the reserve at almost any time of the day, but are most vocal soon after dawn and at dusk. On occasion, either they or the harems of hinds are visible from the raptor watchpoint on the east side of the reserve. They are also often spotted on our boat trips from the tree tower, on the surrounding marshes.

Spoonbills are still being seen on the reserve, though numbers are diminished as we move towards winter. Great egrets have once again reached double figures and up to three yellow-browed warblers have graced the reserve, often being seen around the car park and visitor centre. Also still present on site is at least one of the juvenile hobbies that were born on the reserve this summer. This dynamic and spectacular insectivorous falcon has become a feature of recent summers, breeding successfully in the last three years. It is always a delight to watch a hobby hunting on the wing and the juvenile in question is no exception. It is quite late departing for the warmer climate farther south; no doubt its continued presence, and seeming reluctance to depart south, is driven by the warm, late autumn sunshine that continues to provide a feast of common darter dragonflies. Hobbies expertly pluck these from the air in swooping flight across the top of reed beds. Sadly, but quite correctly, its departure is surely imminent.

We'll be re-commencing our Ramble to the Roost at the end of the month. Join our knowledgeable guide and learn about the roosting birds of prey that call Hickling their winter home. You'll also have the chance to see our resident cranes come in to roost. Event dates and booking details are available on our website:

www.norfolkwildlifetrust.org

John Williamson – Senior Boat Operator.

Tip:- If you keep a spray bottle filled with sparkling water in the boot of your car you can use it to help to remove bird droppings from the windscreen. The fizzy water speeds the cleaning process.



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Tickets are £5 each, which includes tea or coffee in the interval.



Question – I have heard on the media that many older people are entitled to but are not claiming Pension Credit. How do I find out about it?

Answer – The simplest way is to Google ‘**Pension Credit – How to Claim**’- which will give you all the information around eligibility and claiming.

If you do not have access to the internet, you can call the Pension Credit claim line on 0800 99 1234 and they can fill in the application for you over the phone (lines are open Monday to Friday, 8am-6pm).

Question – A friend has mentioned that I may be able to claim a Carer’s Allowance as I look after my elderly mum who has health problems. Where can I find out details and how much is the weekly benefit?

Answer - The simplest way is to visit the Gov.UK website and search for Carer’s Allowance.

Eligibility details and how to claim plus further information can be found there.

You could receive £81.90 a week if you care for at least 35 hours a week and your mum is in receipt of certain benefits.

The above information was provided by Angela Gifford, of Able Community Care

SUDOKU

Complete the grid so that every row, column and every 3x3 box contains every digit from 1 to 9

		8	6		5	1		
			8		7			
5				3				8
8	1						6	7
		6				4		
3	2						8	1
9				6				2
			7		1			
		2	3		4	8		

Last Months Solution

3	8	9	5	6	7	1	4	2
1	6	2	3	8	4	9	7	5
4	5	7	1	9	2	3	6	8
5	7	3	9	1	6	2	8	4
6	4	1	2	3	8	5	9	7
9	2	8	7	4	5	6	1	3
8	3	4	6	5	9	7	2	1
7	9	5	4	2	1	8	3	6
2	1	6	8	7	3	4	5	9

WROXHAM & HOVETON LIONS CLUB (Report Extract)

At our October meeting, we were delighted to welcome Scarlett Phillips and her parents. Scarlett suffers from a condition which requires her to have a custom-made specialised wheelchair to get around and following an approach to the Club, we were pleased to be able to contribute £6,500 towards the total cost of almost £15,000. At the formal handing over, Scarlett was also given a cuddly Lion as a souvenir of the evening.

In November our Santa Sleigh will be readied for Santa to join us for our usual visit to the villages and supermarkets (keep an eye out on our web site and Facebook page for more details of locations and times)

On the 24th November we have our final Craft Fare of the year at Hoveton Village Hall – 10am to 3pm. All stalls have been taken up for this event and this is an ideal opportunity to find a Christmas gift just that little bit different. So, come along and pick up a bargain or two and perhaps have a cup of tea or coffee with a bacon roll or a cake!

You can follow us on Facebook <https://www.facebook.com/wroxhamandhovetonlions> or our website <https://wroxhamandhovetonlions.org>

Ron Hill
President Wroxham and Hoveton Lions Club.

RELIGIOUS DENOMINATIONS

Church of England All Saints' Church, Catfield	Services – See page 12 for details.	Rev'd Gary Noyes - 01692 678842 e-mail granoyes@gmail.com Judith Gardiner - Licensed Lay Minister and Church Warden judithgardiner5@aol.com or 01692 615807 Dr Keith Bacon - Church Warden 01692 581314
Baptist Baptist Chapel, Stalham	See www.stalhambaptist.org.uk for latest updates	Pastor – Rev. Ron Skivington – 01692 582091
Roman Catholic Saint Helens, Hoveton Sacred Heart, N. Walsham	See www.sacredheartnorthwalsham.com for latest updates	Father Peter Raj - 01692 403258 E-mail parishpriestfrpeter@gmail.com
Methodist Ludham	See www.eangliamethodist.org.uk or facebook pages for latest updates	Rev. Andrew King – 01493 750799 Alan Croft - Steward - 01692 582104
Saint Fursey's Orthodox Christian Centre, Sutton	See website – www.saintfursey.uk	Rev. Stephen Weston – 01692 580552



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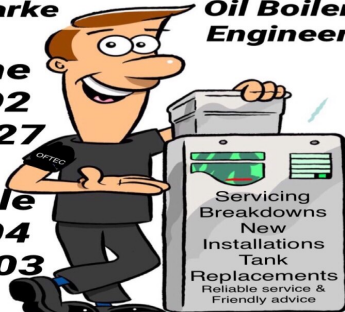
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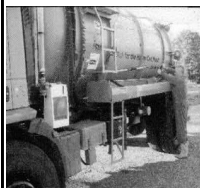
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CATFIELD NEWS – Contributions & Advertisements

Items for inclusion need to be received no later than **10th** of each month. Items can be e-mailed to the team, *contacts detailed on page 2*, or left in the Catfield News box in the Village Shop. Articles should be no more than 400 words and have the contributor's name attached, but the name does not have to appear in the magazine.

The Catfield News aims to be a magazine of local news and events and although we cannot always guarantee to include all items received, we will always give priority to Catfield news and events. If you have something you would like published in the magazine, please contact one of the team. For Business advertisements or small Classified Ads., please contact one of the Catfield News Team for details.

Catfield News items are published in good faith with every effort made to ensure accuracy of content as given to us. No liability can be accepted for inconvenience arising from error or omission. *The views expressed in Catfield News are not necessarily the views of the Team.*

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